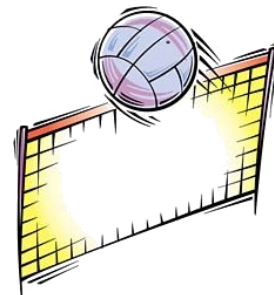




# CMP Elementary Volleyball



## PROGRAM INFORMATION

4th—6th Grade Volleyball—CMP  
September 8th—October 27th 2023



Players have the opportunity to play with classmates and make new friends while learning the fundamentals of volleyball. Participants are placed on teams and practice and play games on Friday evenings only. The program runs from September 8th to October 27th and takes place at the La Sierra Community Center gymnasium.

**ALL PRACTICES & GAMES TAKE PLACE AT LA SIERRA COMMUNITY CENTER GYMNASIUM**  
5325 ENGLE RD, CARMICHAEL, CA 95608

**CLINICS:** September 8th & 15th from 4:30pm—6pm at the La Sierra Community Center

**TEAMS:** Players from the CMP will be grouped together on teams.

**PRACTICES:** Practices are on Fridays for 40 minutes before the game starts.

**GAMES:** Games are all on Friday evenings from 4pm to 9pm starting on September 22nd. Games are scheduled in 1 hr and 20 minute intervals. Times teams play will vary throughout the season. Schedules will be sent to parents/coaches after the clinics.

**FEE:** \$115 per participant (Resident) \$125 (Non- Resident) - Includes program T-shirt!  
*(Must be registered by 9/8 to receive a shirt. T-shirts will be given out by the third week of the program)*

**REGISTRATION:** Accepting registration from August 2nd — September 8th

**Register in person** at our La Sierra Community Center Front Office: 5325 Engle Rd, Suite 100

**Register by phone** by calling our front office at (916) 483-7826

**Register online** at <https://recpro.carmichaelpark.com/ViewCourseActivityDetails.aspx?id=C124322>

Payment must accompany registration.

**REFUNDS:** Please see CRPD Refund Policy



**Are you a parent who has played volleyball and would like to Volunteer Coach?**  
Please contact us for information about coaching your child's team at [ttulowitzki@carmichaelpark.com](mailto:ttulowitzki@carmichaelpark.com)  
**Program fees are waived for volunteer coaches. Must have volleyball experience.**

Partial Scholarships Available. Apply Online Now!  
<https://www.carmichaelpark.com/youth-partial-scholarships-now-available-8bb4654>



# REGISTRATION FORM FOR Elementary Volleyball 2023



Registration will be accepted online at <http://recpro.carmichaelpark.com>, or in person at the La Sierra Community Center.  
**LA SIERRA COMMUNITY CENTER OFFICE**  
**5325 ENGLE RD, SUITE 100, CARMICHAEL, CA 95608**

For more information, please contact the La Sierra Community Center (916) 483-7826 or [ttulowitzki@carmichaelpark.com](mailto:ttulowitzki@carmichaelpark.com)

**FEE:** \$115 per participant (Resident) \$125 (Non-Resident)

**Payment must accompany registration**

**Make Checks payable to C.R.P.D.**

How are you paying? (please mark one):     Check                       Cash                       Money Order                       Credit \*  
Visa or Mastercard

Total Amount Paid \$ \_\_\_\_\_ Office Receipt # \_\_\_\_\_

\*Credit Card # \_\_\_\_\_ Exp. Date: \_\_\_\_\_ X \_\_\_\_\_

Players Name: \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_

School Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Shirt Size: YS YM YL YXL  
AS AM AL AXL A2XL

Parent/Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Phone #: \_\_\_\_\_ Secondary Phone #: \_\_\_\_\_

Email Address: \_\_\_\_\_

Yes, I want to receive the monthly email newsletter from Carmichael Recreation & Park District with information on upcoming community events, programs and classes.

**Carmichael**



**Carmichael Recreation & Park District**  
5325 Engle Rd, Carmichael, CA 95608 • (916) 483-7826 • FAX: (916) 483-7861  
**ELEMENTARY VOLLEYBALL 2023**

**AGREEMENT, WAIVER, AND RELEASE**

In consideration for being permitted by the District to participate in the above-referenced activity, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the District (including its officers, employees, volunteers, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of active or passive negligence or carelessness on the part of the persons or entities mentioned above. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs, administrators, executors, and assigns and that I shall indemnify and hold the District (including its officers, employees, volunteers, and agents) free and harmless from any loss, liability, damage, cost, or expense which may arise out of or connected in any way with my participation in said activity. Additionally, I fully understand that my participation in the above-referenced activity exposes me to the risk of personal injury, death, communicable diseases, illnesses, viruses, and/or property damage. I hereby acknowledge that I am voluntarily participating in this activity and agree to assume any such risks.

**PHOTO and LIABILITY RELEASE:** By signing this agreement, you are agreeing to release photo rights, including waiving any right of compensation, to Carmichael Recreation & Park District (CRPD). CRPD reserves the right to photograph facilities, activities, and program participants for potential future use, which may include sharing the photos with the Carmichael Recreation and Park District Foundation dba Carmichael Parks Foundation to use the photos to inform and promote the CRPD. **You further hereby release CRPD and Carmichael Parks Foundation from and against any injury or damage arising out of or related to the aforementioned activities.** All photos will remain the property of Carmichael Recreation & Park District.

**PARENTAL CONSENT:** (To be completed and signed by parent/guardian if applicant is under 18 years of age).

I hereby consent that my child, \_\_\_\_\_, participate in the above-referenced activity, and I hereby execute the above Agreement, Waiver, and Release on their behalf. I state that said minor is physically able to participate in said activity. I hereby agree to indemnify and hold the District (including its officers, employees, volunteers, and agents) free and harmless from any loss, liability, damage, cost, or expense which may arise out of or connected in any way with said minor's participation in said activity.

**I have carefully read this Agreement, Waiver, and Release and fully understand its content. I am aware that this is a release of liability and a contract between myself and Carmichael Recreation & Park District and I sign it of my own free will.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name (Printed): \_\_\_\_\_  Parent                       Guardian