



TINY TOTS

Preschool Program

2025 / 2026

Information Packet



The Carmichael Recreation and Park District (CRPD) Tiny Tot program is focused on developing a positive self-image by emphasizing the emotional, physical, social, and cognitive development of the child. We understand that children develop at different levels, therefore, we allow the children to proceed at their own pace. Our ultimate goal is to teach children to respect themselves and those around them.

Monday – Thursday | 9am – 12pm | Ages 3 – 4

General Information

Location:	Tiny Tot Room (Veteran’s Building) 5750 Grant Avenue (916) 972-7647	La Sierra Community Center Office 5325 Engle Road #100 (916) 483-7826
Contact:	Nicole Weathersby Tiny Tots Teacher tinytots@carmichaelpark.com Cameron Wiggins Recreation Supervisor (916) 306-5514 cwiggins@carmichaelpark.com	Brandy Joyce Assistant Teacher Brooke De Los Santos Recreation Coordinator (916) 283-7386 bdelossantos@carmichaelpark.com
Hours:	Monday – Thursday 9am - 12pm	
Program Dates:	August 18, 2025 – May 28, 2026	
Closure Dates:	September 1 November 11 November 24 – 27 December 22 – January 2 January 19 February 16 – 19 March 30 – April 2	Labor Day Veteran’s Day Fall Break Winter Break Martin Luther King Jr. Day President’s Week Break Spring Break

Fees: Session fees vary based on program days within the Session Date Range. The base rate is \$395 for 16 program days (4 days/week, 4 weeks/session). Payment must accompany registration. All registration received after the registration deadline will be charged a \$15 Late Fee.

Session	Session Dates	Registration	Closure Dates	Fees
1	8/18/25 – 8/28/25	4/18/25 – 8/14/25	-	\$203 (R) \$214 (NR)
2	9/2/25 – 10/2/25	6/1/25 – 8/28/25	9/1/25	\$467 (R) \$490 (NR)
3	10/6/25 – 10/30/25	7/1/25 – 10/2/25	-	\$395 (R) \$415 (NR)
4	11/3/25 – 11/20/25	8/1/25 – 10/30/25	11/11/25	\$275 (R) \$289 (NR)
5	12/1/25 – 12/18/25	9/1/25 – 11/26/25	-	\$299 (R) \$314 (NR)
6	1/5/26 – 1/29/26	10/1/25 – 12/30/25	1/19/26	\$371 (R) \$390 (NR)
7	2/2/26 – 2/26/26	11/1/25 – 1/29/26	2/16/26 – 2/19/26	\$299 (R) \$314 (NR)
8	3/2/26 – 3/26/26	12/1/25 – 2/26/26	-	\$395 (R) \$415 (NR)
9	4/6/26 – 4/30/26	1/1/26 – 4/2/26	-	\$395 (R) \$415 (NR)
10	5/4/26 – 5/28/26	2/1/26 – 4/30/26	5/25/26	\$371 (R) \$390 (NR)



HOW TO REGISTER

- **Register Online** by visiting carmichaelpark.com.
 - Please note that when you register online the Registration Form, waiver, and payment were already completed.
- **Register in person.** You can fill out and return all required forms at the *La Sierra Community Center Office*, 5325 Engle Rd., Suite 100, Carmichael, CA 95608
 - On the Registration Form, please circle the sessions you are paying for.
 - Sign and turn in the following forms: Agreement, Waiver & Release and Prompt Response Forms
 - Payment of Session(s) circled on Registration Form

Initial registration must be done online or in person. Additional registrations can also be completed by calling (916) 483.7826, in-person, or online.

The Carmichael Parks Foundation offers fee assistance through their Youth Scholarship Program. For more information on the Youth Scholarship Program you can visit: <https://www.carmichaelpark.com/youth-program-partial-scholarships-now-available>.

If you think your child might be eligible, you can contact our District Office at (916) 485-5322 ext. 29.

HEALTH AND SAFETY

The CRPD Tiny Tot program requires a report on the child's history, including a copy of the child's current immunization record and any emergency I.D. information. California State Law requires that all children attending our Tiny Tot program have current immunizations. Please bring proof of immunization.



Important Note – In the event of illness, please keep sick children at home as they will benefit more by returning to class well rested and healthy. Further, the instructor should be notified immediately if by chance the child is diagnosed with a communicable disease, such as Pink Eye, Strep Throat, Head Lice, Chicken Pox, Measles, or Mumps.

Should the child become ill during class, the parents will be notified and asked to pick the child up. It is the policy of the CRPD Tiny Tot program that medications will not be dispensed during class time. In the event of an emergency, certified personnel will administer appropriate First Aid procedures. If an extreme situation should arise, 911 will be called and the parent will be notified.

ATTENDANCE

Doors will open at 9:00am at which time you must sign your child in. Prior arrangements and authorization are required when someone besides the parents/guardians will pick up the child. A sign-in/sign-out sheet will be inside the classroom by the door for parents/guardians to use. Classes will end promptly at 12:00pm (noon). Please contact the instructor if you will be late picking up your child.



DAILY SCHEDULE

The schedule can differ day to day but here is a general idea of what a normal day would be:

- Check-in / Group Play
- Small Group Stations
- Circle Time / Carpet Time
- Arts & Crafts
- Social Time / Snack Time
- Exercise / Outdoor Time
- Fine Motor Activity Skills

SNACK AND SHARING

Please pack your child a beverage and a nutritious snack to bring with them to preschool. A full lunch is NOT necessary.

NOTE: Tiny Tots Preschool Program is peanut/nut free. Do NOT send any nut foods to the program with your child. This is a safety precaution for all of the children, thank you.



FIELD TRIPS

There may be field trips planned during the program year. If you want your child to participate in the field trips, a small fee for each may be required. Transportation to and from the field trips will be the responsibility of the parents and parent participation will be encouraged. You can make arrangements to carpool with other children from the class if needed.

DISCIPLINE

The instructor will attempt to demonstrate to the child the inappropriateness of the child's action(s). This will be followed by suggestions of alternative forms of behavior. If reasoning should fail and three warnings have been given, then the child will have a "Time-Out". If problems should continue a Parent-Staff conference will be scheduled. After all other behavior modifications have been exhausted; we reserve the right, and have the authority to dismiss the child from the program. Physical behavior is not allowed in our programs. Any child who demonstrates physical behavior may be dismissed from the program handled on a case-by-case basis. CRPD Tiny Tots program follows the **No Bite Policy**, one warning will be given. If a second occurrence were to happen, the child may be removed from the program.

CLOTHING

For the safety of your child, closed toed shoes are required. Clothing should be appropriate for outside play as well as messy arts and crafts. If your child has occasional bathroom accidents, please bring a change of clothes in a bag with their name on it.

BATHROOM PROCEDURES



All children must be toilet-trained and able to take care of their own bathroom needs prior to enrollment in the Tiny Tot program. Please speak to the instructor if you have any questions regarding this.

HOLIDAY OBSERVANCES

In the CRPD Tiny Tot program, we understand that holidays and birthdays are important to children. We enjoy celebrating these times with the children, but we can also appreciate how certain holidays are celebrated by different beliefs. Therefore, to remain neutral in our participating families' given beliefs, all holidays are celebrated without religious slant.

If you would like to have your child celebrate their birthday with the class, please talk to your child's teacher beforehand to make sure those who may have food allergies are notified. It is important to provide an inclusive environment for all of the kids so please do not hand out invitations for parties during school hours unless the whole class is invited.

EMERGENCY PROCEDURES

Instructors teach and review with children various emergency procedures.

- Fire & Lock Down Drills – Where to go, what to do, and practice time.
- Strangers – On walking field trips to the back of the park, instructors review safety measures to take including not talking to strangers, staying with class, etc.
- Animals – Watching out for stray animals and what they should and should not do.

INSTRUCTORS/DISTRICT STAFF

The program has a head instructor and an assistant. They are on site with the children on a day-to-day basis. We fingerprint, drug test, and TB screen all staff that have direct contact with the children. Our on-site Maintenance employees are also fingerprinted. If the instructor or aide are ill, we will have recreation staff available to assist with the program. Our staff strives to create a nurturing, fun, and creative atmosphere for all children. We hope you enjoy our program.

Tiny Tots Preschool Program Registration Checklist

We appreciate your interest in Carmichael Recreation & Park District's Tiny Tots Preschool Program. Please ensure that you have completed all required documents by going through our Documents Checklist.

Copies of Immunization Records can be uploaded directly to your user account on our [website](#), submitted in person at the La Sierra Community Center Recreation Office (5325 Engle Rd, Suite 100) or sent via email to: regina@carmichaelpark.com; mpanagiotou@carmichaelpark.com; bdelossantos@carmichaelpark.com; cwiggins@carmichaelpark.com

- **Register Online** by visiting carmichaelpark.com.
 - Please note that when you register online the Registration Form, waiver, and payment were already completed.
 - **Please upload a Copy of Immunization Records** – *Due the Thursday prior to child's 1st day of Program*
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