



Carmichael Recreation & Park District
5325 Engle Rd, Suite 100 Carmichael, CA 95608
Phone: (916) 562-4783 | www.carmichaelpark.com

Fall 2026
Women's Quads
La Sierra Community Center - Small Gym

TEAM #	TEAM NAME
1	Four Pack
2	Sets On Fire
3	Bench Warmers
4	Side Out

Dates	7:15 PM	8:15 PM
Sep-17	3 vs 4	2 vs 1
Sep-24	1 vs 3	4 vs 2
Oct-1	1 vs 4	2 vs 3
Oct-8	2 vs 1	3 vs 4
Oct-15	4 vs 2	1 vs 3
Oct-22	2 vs 3	4 vs 1
Oct-29	3 vs 4	2 vs 1
Nov-5	<i><u>Semifinals</u> : 7:15 PM, 8:15 PM</i> <i><u>Championship</u> : 9:15 PM</i>	

TO FORFEIT CALL (916) 562-4783 NO LATER THAN 4:30PM
