Carmichael
RECREATION AND PARK DISTRICT

Elementary Track and Field

PROGRAM INFORMATION

April 13th—May 21st, 2020

Introduce your son or daughter to the exciting sport of Track and Field! All 1st through 6th grade boys and girls will have fun while learning the fundamentals of the sport from experienced coaches. This program is great for athletes of all skill levels. For more information please email us at sports@carmichaelpark.com or call our office at 916-483-7826

Program runs from April 13th to May 21st

DATES: Monday-Thursday beginning April 13th to May 21st

GRADES: All 1st—6th grade boys and girls

PRACTICES After school at Deterding, Dewey, Schweitzer and Thomas Kelly Elementary.
Practices are Monday's and Tuesdays.
You do not need to attend the school to join the track team,.

MEETS: 1st—3rd graders have their meets on Wednesdays
4th—6th graders have their meets on Thursdays
Meet schedule will be handed out after the start of the program
Track meets are held at Gibbons Park in Carmichael

FEE: $75 per participant (Resident) $80 per participant (Non-Resident)

REGISTRATION: Accepting registration from 3/2—4/13
How to Register: In person at our La Sierra Recreation Office 5325 Engle Rd, Suite 100 in Carmichael (drop box located outside office for after hours registration) or online at http://recpro.carmichaelpark.com. Payment must accompany registration.

REFUNDS: Please see CRPD Refund Policy

INTERESTED IN VOLUNTEER COACHING?

We'll provide all the necessary training to help you, your child and your team have a fun experience while teaching and learning the fundamentals of the sport.
For more information please contact us at sports@carmichaelpark.com.

This is not a program of the San Juan Unified School District and San Juan Unified accepts no liability or responsibility for this program.

Parks Make Life Better!

REGISTRATION FORM FOR
Elementary Track and Field 2020

Registration will be accepted online http://recpro.carmichaelpark.com or in person at the La Sierra Recreation Office.
LA SIERRA COMMUNITY CENTER RECREATION OFFICE
5325 ENGLE RD, SUITE 100, CARMICHAEL 95608

For more information, please contact the Recreation Office at (916) 483-7826 or email sports@carmichaelpark.com

FEE: **$75 per participant (Resident) $80 per participant (Non-Resident)**

Payment must accompany registration **Make Checks payable to C.R.P.D.**

How are you paying? (please mark one): ☐ Check #_____ ☐ Cash ☐ Money Order ☐ Credit * Visa or Mastercard

Total Amount Paid $_____ Office Receipt #_____

*Credit Card # _____ CVV #_____ Exp. Date: _____ X_____

Players Name: _____ Date of Birth: ____ /____ /_____ Male or Female

School Name: _____ Grade: _____

Shirt Size: YS YM YL YXL AS AM AL AXL A2XL

Parent/Guardian Name: _____

Address: _____ City: _____ Zip: _____

Primary Phone #: _____ Secondary Phone #: _____

Email Address: _____

☐ Yes, I want to receive the monthly email newsletter from Carmichael Recreation & Park District with information on upcoming community events, programs and classes.

Carmichael RECREATION AND PARK DISTRICT

Carmichael Recreation & Park District
5325 Engle Rd, Carmichael, CA 95608 ● (916) 483-7826 ● FAX: (916) 483-7861

ELEMENTARY TRACK AND FIELD 2020

AGREEMENT, WAIVER, AND RELEASE

In consideration for being permitted by the above district to participate in the above activity, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the above district (its officers, officials, employees, and agents) from any and all liability arising out of, or connected in any way, with my participation in said activity even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as the result of my death or injury or property damage that I may sustain while participating in said activity.

PHOTO RELEASE: By signing this agreement, you are agreeing to release photo rights to Carmichael Recreation & Park District. Carmichael Recreation & Park District reserves the right to photograph facilities, activities, and program participants for potential future use. All photos will remain the property of Carmichael Recreation & Park District.

PARENTAL CONSENT: (To be completed and signed by parent/guardian if applicant is under 18 years of age).
I hereby consent that my son/daughter _____ participate in the above activity, and I hereby execute the above Agreement, Waiver, and Release on his/her behalf. I state that said minor is physically able to participate in said activity. I hereby agree to indemnify and hold the persons and entities mentioned above free and harmless from any loss, liability, damage, cost, or expense which may incur as a result of the death or injury or property damage that said minor may sustain while participating in said activity.

I have carefully read this Agreement, Waiver, and Release and fully understand its content. I am aware that this is a release of liability and a contract between myself and Carmichael Recreation & Park District and I sign it of my own free will.

Signature: _____ Date: _____

Name (Printed): _____ ☐ Parent ☐ Guardian