Carmichael Recreation & Park District
5325 Engle Rd, Suite 100 Carmichael, CA 95608
Phone: (916) 483-7826 Fax: (916) 483-7861 www.carmichaelpark.com

Team Roster and Waiver - Adult Sports Leagues

Sport: _____ **Level:** _____ **Night:** _____

Season: _____ **Year:** _____ **Team Name:** _____ **Team Manager:** _____

Managers: Please inform your players they must adhere to the rules and regulations of the Carmichael Recreation & Park District Adult Sports Leagues and Player Code of Conduct. The manager is the representative of the team and will be the person contacted by league officials.

In consideration for being permitted by the above district to participate in the activities above, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to le, as a result of participation in said activities. This release is intended to discharge in advance the above districts (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activities, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that the actitivities involve elements of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as the result of my death or any injury or property damage that I may sustain while participating in said activities.

I HAVE READ THIS AGREEMENT, WAIVER, AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICTS AND I SIGN IT OF MY OWN FREE WILL.

Print Name	Signature	Primary Phone #	Secondary Phone #	Address	City/Zip	Age