

GONE TO THE DOGS



The Carmichael Dog Park

Canine Corral...Where a dog can be a dog!

A healthy dog is a happy dog! Get out and enjoy the weather with your pet. The Carmichael Recreation and Park District offers an off-leash dog park open to the public 7 days a week. It is located at Carmichael Park, 5750 Grant Avenue in the back of the park.

The park features one acre of fenced running room, plenty of water and shade and specific areas for small dogs and big dogs. It is the perfect place where dogs can socialize and maintain good health through exercise. Responsible dog ownership is promoted.

Dog Obedience

Taught by Lyle Reed

Does your dog need discipline? Help your pet understand what you want by learning basic commands such as heel, sit, come, down, stay and many more. Dogs or puppies must be four months old and have had all their DHLPP and Rabies shots. Proof of vaccinations **MUST** be presented on the first day of class. Please bring a four or six foot nylon or leather leash and a regular collar.

Location: Carmichael Park
Vets Bldg. Lawn
Day/Time: Saturday, 9-10am
Dates: 7/10-8/21
Fee: \$100/7 weeks

Carmichael DOG PARK Society

The Dog Park Society is made up of volunteers who help with the success of the dog park. There are many ways to help out and continue to provide a great place for pets. If you are interested in volunteering please call (916) 283-4919.

LOCAL SWIMMING INFORMATION

AGENCY

Arden Park Recreation & Park District
1000 La Sierra Drive
Sacramento, CA 95864

Arden Manor Recreation & Park District
1415 Rushden Drive
Sacramento, CA 95864
(Off Hurley Way between Watt and Morse)

Fulton El Camino Recreation & Park District
3097 Cottage Way
Sacramento, CA 95827

Glen Oaks Swim Club
4301 Paradise Way
(Fair Oaks and San Juan)

Northeast YMCA
(916) 483-6426

Sunrise Recreation and Park District
7801 Auburn Boulevard
Citrus Heights, CA 95621

PROGRAMS AVAILABLE!

Public Swim, Lessons, & Rentals
(916) 483-6069

Public Swim/ Lap Swim /Lessons
(916) 487-7851

Public Swim & Lessons
(916) 927-3802

Swim lessons open to the public
(916) 939-0872 Roxanne Mefford

Public Swim, Lap & Lessons held at
El Camino High School
www.sacymca.org for schedules

Public Swim & Lessons
(916) 726-0111

AQUATICS

Carmichael BEAVERS Swim Team

Carmichael Swim Team provides a fun swimming experience where children from age 5 to 18 learn to swim in a competitive atmosphere. We are here encouraging our swimmers to give extraordinary effort to constantly improve their personal best times. We recognize all of our swimmers' efforts and praise accomplishment. Our Swim Team provides our swimmers with the opportunity to achieve authentic accomplishment which builds their self-esteem. The season runs from April through July and practice is held at Del Campo High School Pool. For more information call Ron Miller at (916) 550-6078 or visit www.cbswim.com.